

Rabbi shares bread knowledge



Rabbi Jonathan Rubenstein of Temple Sinai invited a group from Destinations to bake with him recently. From left are Jackie Starterri, Day Services Manager April Boucher, Rubenstein, Rebecca Wrenn, Matthew Westcott, Peter Storch, and Darren Clemons.

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SARATOGA SPRINGS -- Destinations, a Hudson Falls-based group for young adults with developmental disabilities, traveled recently to Temple Sinai on Broadway for a baking lesson with Rabbi Jonathan Rubenstein.

The rabbi talked to the visitors about the significance of baking bread, which is both useful and charitable, and has foundations in practical and spiritual practices. Rubenstein invited the group back to the temple every Friday in July and August to work with him and he will lead a similar activity at Destinations's home base Thursday morning.

Destinations is a day program offered by Community, Work & Independence, a private agency serving people with challenges in Warren, Washington and Saratoga County.

Rubenstein is co-rabbi of Temple Sinai with his wife, Rabbi Linda Motzkin. Together, they launched Bread and Torah, a project designed to bring diverse opportunities for learning to the community, including baking and scribal skills. Rubenstein's temple kitchen produces Slice of Heaven Breads and other foods weekly. A volunteer crew bakes and distributes the goods.